

LEARNING BULLETIN 6

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Hello! Welcome to the sixth learning bulletin in our series. We hope you find it informative. With the very recent plans from the UK to ban soem social media apps for under-16s, this bulletin highlights some of the issues of the online world- both it's pitfalls and its benefits

This bulletin is designed to keep learning & development bite sized and relevant. We welcome feedback, suggestions or contributions for future editions- particularly anything you've found helpful in your own practise. If you would like to contribute, please do get in touch using the email address below-

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Toolbox Tip



In the month that we have Carers Week, here is a useful reminder that our Cyber Security Centre has developed a really useful carers [guide](#) to supporting older people. Covering topics such as romance fraud, social media use and safe online banking, this guide provides practical advice and guidance on keeping older people safe online



Supporting Families Team

In order to address the concerns from a wider perspective and building on sessions with individuals, the CSC exploitation workers are delivering awareness sessions to professionals, parents, and young people in the community. Although it's early days the workers report that this gradual, sustained approach is having a positive impact, with increasing numbers of young people seeking support for themselves and their peers as their understanding of risks improves. An excellent example of proactive safeguarding work! (note- photo names are case studies)



PTSD in Young Children

A really interesting [article](#) from ACAMH regarding the assessment and treatment of PTSD in young children. It has been difficult to identify in the past, partly because diagnostic criteria were developed for older children and adults. This matters because trauma shows up differently in young children. This article talks about what PTSD looks like for young children and how agencies can provide appropriate support



SELF NEGLECT

Self-neglect poses particularly complex challenges to practitioners engaged in adult safeguarding. Crucial to effective intervention is the ability to engage and build rapport with people who may be reluctant, fearful or ashamed. The local government association (UK) have produced a useful workbook on how Making Safeguarding Personal can be useful when supporting people who self-neglect. This learning resource, produced by Research in Practice, draws on evidence from research and safeguarding adult reviews to identify how making safeguarding personal can make a difference to the health, wellbeing and safety of people who are self-neglecting. To access the workbook click [here](#)



Online safety and children with additional needs

with 4 in 5 children with additional needs saying they suffer harm online, Internet Matters have produced a [report](#) highlighting both the benefits and pitfalls for these young people. The report shines a light on the digital lives of children with additional needs, revealing both the opportunities and risks they face online. It explores how online platforms can empower, yet also expose children to harm, emotional strain and ongoing challenges around screen time.

internet
matters.org

OLDER PEOPLE, ABUSE & NEGLECT

AGE UK have produced a 36 page factsheet on safeguarding older people from abuse or neglect. The factsheet contains useful information on making safeguarding personal, types of abuse or neglect experienced by older people, the role of the safeguarding board, and what our collective safeguarding duties are. The factsheet contains practical advice and guidance. To download a copy of the factsheet click [here](#)

